

CLEMENT KERN GARDENS RESIDENT NEWSLETTER







Theresa Mitchell
Director of Community Life

Ginna Thanks

Clement Kern Gardens, thank you for allowing the TCB team to serve you!

We are THANKFUL for the opportunity to be a part of your health, education, and workforce journeys. We find joy in sharing resources and opportunities to

support individual and family growth & development. To ensure you have the best experience, we need you to show up, participate, and share your ideas on what works for your community.

With the holidays upon us, we have resources to share and don't want you to miss out! So, please be kind and take our call, answer the door, and attend our upcoming programs to access all resources and opportunities available to you. We are partners on your journey and we can't do it without you.

We look forward to seeing you soon and again, thank you for the opportunity to serve you!

Upcoming Activities - Mark Your Calendars

11/19/24 Resident Council Meeting 4-6p @ CKG -Residents this is your opportunity to get your concerns addressed, share ideas and get to know your neighbors

11/20/24 Steppin' Inside 12-1p Join the **new virtual walking series** every Wed thru March26th. Led by Resident Champion D'Nisha Brannon

11/20/24 1-2p Seniors Of CKG 1-2p @ CKG Management Office.

Join the mature crowd for an hour of love & laughter. Activity facilitated by Resident Champion Noreena Thomas

11/22/24 Senior Focus Hope Pick Up- Nov 22nd @ CKG 11/22/24 PNC Mobile Banking 10a-3p onsite @CKG

Looking for your "Hillman" Parents & 7th-12th Graders come get introduced to choices for life after high school.

12/4/24 Project Graduation 4-5:30p @ TCB The College Edition -

12/5/24 - Clifford The Big Red Dog 1-3:30pm @ TCB Join Detroit PBS and Clifford The Big Red Dog for a day of fun

12/5/24 Kicking It With Klaus 4-6p @ TCB Take pictures with Santa and join in on fun activities

12/6/24 First Fridays- 9a-12p @ CKG Questions about relocation? Need to put in a work order? Stop by the Team is here to assist you.

12/9/24 Food Distribution 1:30-2:30p @ CKG- in front of

Management Office-receive nutritious foods while supplies last.

12/10/24 Senior Focus Hope Pick Up @ CKG

12/11/24 Made with Love Cooking Class 2p @ 1726 Howard

Arrive on Time - Space is limited with Chef Nina

12/12/24 Woman Empowerment Series -4:30-6 pm @ TCB 12/18/14 1-2p Seniors Of CKG @ CKG

















Banking just got easier because we are rolling the dough to your door!

PNC will visit your door November 8th & 22nd dates are subject to change.

Healthy Life Style Classes

Loving-Kindness Meditation Self-Paced

Link: https://crim.org/video/loving-kindness-meditation

Crim Mindfulness/Mat Yoga <u>Self-Paced</u>

Link: crim.org/video/chair-yoga

2nd Annual Trunk-A-Treat





Healthy Food Resources

Food Distribution is held monthly, in front of the Management Office from 1:30-2:30pm. Food is available on a first come, first serve basis.

Next Distribution - December 9th

Make the Most of the Holidays Making Memories

- 1. Take lots of pictures
- 2. Have a family game night
 - 3. Wear matching PJ's
- 4. Make gifts to give instead of buying
 - 5. Make a meal together
 - 6. Make hot cocoa
 - 7. Call family you haven't talked to
 - 8. Watch holiday movies
 - 9. Listen to holiday music
 - 10. Find FREE holiday events

Choice Neighborhoods Website

Find updates, activities, and events within Greater Corktown by visiting **detroitmi.gov/choiceneighborhoods** Don't forget check out the photo gallery to see all the fun happening in your neighborhood!













Let's Celebrate!!!

HAPPY BIRTHD

November

Joe Bonney Jr. Tyrone Tucker Jr. **Da'Mariae Greer** De'Monie Greer Ja'Monie Greer Laila Keith **Bronx Adams Alinah Dawson** Jabari Williams

Deanna Hinton Violeta Rodriguez **Kevin Jones Monica Lester Tania Patton**

December

Grace Horton Tionna White Kennedy Hyche Jame'Re Dismuke Chloe Johnson-Mccree **Demargio Greer Kimora Davis** Leia Rhymes **Natalie Cerda** Noah Wright ...

Shandron McClendon Leonard Jackson Yukima Loury **Trenae Richmond Craig Robinson Keshia Johnson Tiarra Carter** Jamisha Dismuke Angel Clements **Ashley Stewart**



New Program Alert!

Project Graduation (PG)



- What is PG? A coaching program for parents and students to help them graduate on time.
- Who can participate? Students in Grades 7 12
- Where will PG meet? TCB Office
- When will PG meet? First Wednesdays, 4:00-5:30 pm
- How can you sign up? Text "PG" with your full name and email address to 313.484.4709 or 313.484.4702. You can also enroll at any upcoming event!

NOTE - To get to where you want to go, you have to start planning now. It is not too soon!

December's PG Meet-Up

This is the College Edition -Looking for your "Hillman!"

We will have Fraternities and Sororities talking about College Life - Prep, Entry, Starting, the good/challenges of college life.

Refreshments will be served!



The Career Coach's Corner

The Do's and Don'ts **Working with a Career Coach**

Do

Have a Goal - Know your Needs/Wants - Improve Employment, Soft Skills, Develop or Build a Career Strategy

Prepare - Be open Mentally, Take 10 to Calm down, Have Notes

Request Resources - Resume, Interview Skills, Job Leads, Training,

Feed-Forward - Be honest with what is working and what isn't

Expect your Career Coach to do all the Work - They are there to

guide and direct you, find resources. Contact is up to you!

Under Prioritize - Be ready with prior assignments and willingness to complete your next steps. YOU will get the pay check!

Work to Results - Career Building is a journey! Work the steps and the end will come. Relax and enjoy the process to achieve.

Be Dishonest - Share employment hindrances to pair you with the best services, training, and employers for your situation.













October Resident Council Meeting Recap!



United Community Housing Coalition (UCHC) hosted the tenant council meeting on Tuesday, October 29th from 4 to 6 pm on the grounds in front of the CKG leasing office. The focus of this meeting was housing rights. Dessa Cosma from Detroit Disability Power (DDP) kicked off the meeting by talking about disability rights in housing and the advocacy work her organization is doing. Officially the disabled population in Michigan is at 20-25%, however, it is estimated to be much higher closer to 40-45%. The vast majority of housing is inaccessible, which poses unique challenges for tenants. Since everyone's needs vary, tenants have the right to ask for accommodations to their living space and make necessary modifications. DDP is working to expand accessible housing in the City of Detroit by increasing the federally mandated number of accessible units in affordable housing projects and working directly with developers in their design practices. Next, Meg from United Community Housing Coalition gave a presentation on the essential rights of tenants in subsidized housing. Members of the council and attendees were able to ask questions regarding the rights of tenants.

Thank you to everyone who attended. Please join us next month for our November Tenant Council Meeting on Tuesday, November 19 from 4 to 6 PM.

For questions, contact United Community Housing Coalition:

Meg Marotte: 313-261-4709 Pablo Marcos: 313-572-1401 Claudia Sanford: 313-570-0992

Save the Dates!









If you are a resident in **Buildings 11 and 12 or** have been selected by IMS for a new unit (Wave **1 of relocation)** you should have received a 30-Day notice from IMS.

Residents in Wave 1 should expect to have final interviews with Erin within the next 30 days. At that point, you will receive:

- Your scheduled move in date
- Your new apartment # at Left Field
- 30-Day notice (if you haven't received it already)

Please contact Erin Rogers for more information related to updates on relocation and moving specifics.

Email: choicerelocation@imsteam.net



Education and Resource Manager

Your Workforce Development & Multi-Needs Source!

Kimberly Cooley

Workforce Development

Hello CKG! Each month I will share a training or job opportunity. If you have suggestions on careers or training you are interested in, I will find your resource expeditiously!

Millwright Union - Did you know you can become a Journeyman in four years, pay no money out-of-pocket, and earn while you learn? The Millwrights have three majors - Carpenter, Floor Layers, and Millwrights. You earn many certifications in each and the pay starts at \$20+ per hour with regular increases.

Interested? Email kimberly.cooley@tcbinc.org or text 313.484.4709

Resource of the Month!

Wayne Metropolitan Community Action Agency is my pick of the month. I HIGHLY recommend connecting with them! They offer SO many useful, individualized services at no cost - Credit Building, Utilities, Housing Support, ... too many to name. Learn more and register at waynemetro.org/housing

I attended their Estate Planning Workshop. It was easy to understand and they will pair attendees with someone to execute the steps.











