



We're Just Girls...

**PRIDE IN
PREVENTION
MAKING PROUD
CHOICES**

"We're Just Girls. . ." is a sexual health eight-week workshop for teenage girls between the ages of 13-24 years old.



What We Offer:

- Facts about sexually transmitted infections (STIs) and prevention
- Goal-setting skills
- Abstinence skills
- Methods for reducing the risk of STIs and pregnancy
- How to maintain a healthy relationship
- Positive relationship building skills with friends and family
- Free snacks during the sessions
- Gift card incentives upon completion of the program



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