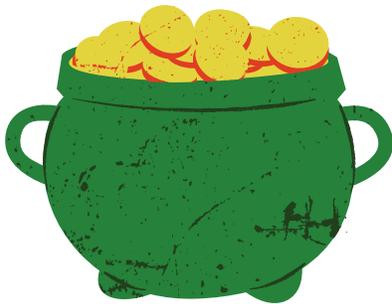


CLEMENT KERN GARDENS RESIDENT NEWSLETTER

March/April 2024

Happy
St. Patrick's
Day



Strengthening Community

1. **TCB CL Coordinator** can help you create a Resident Housing Plan (rent payment planning, interim request, & more)
2. **TCB CL Coordinator** can help you develop a Unit Care Plan (tools to organize, de-clutter, when to request paint or carpet)
3. **TCB CL Coordinator** can make referrals for resources (utility assistance, youth development programs, & more)

CKG Management Office - **RECERTIFICATION**

Residents who are within 30 days of their recertification date, make sure to submit all documents or contact the office to verify your status. You may visit during office hours or contact Amber at 313-965-5650.

Office hours: 8AM - 5PM - Monday - Friday
Office is closed during lunch hour - 12-1pm

Mark Your Calendars

- 3/20/24 - 1-2pm Seniors of CKG @ CKG Management Office- Come share some laughter & wisdom.
- 3/21/24 - 10am - MANDATORY Meeting @ CKG for units 1511-1567; 1577 - Review Notices Distributed March 1st
- 3/24/24 - 1-2pm Food Distribution @ CKG Management Office- Pick up nutritious food items & recipes for the family while supplies last
- 3/26/24 - Focus Hope Distribution for Seniors @ CKG.
- 3/26/24 - 4-6pm Resident Council Meeting @ CKG RESIDENTS...THIS IS YOUR MEETING BRING YOUR QUESTIONS & SHARE YOUR THOUGHTS ABOUT YOUR COMMUNITY
- 3/28/24 - 6pm Golden Girls Mentoring @ TCB (1842 Michigan Ave.) TEACHING GIRLS TO ALWAYS SHINE!
- 3/29/24 - 1-3pm Bunny Hop/ Youth Initiative @ CKG Here Comes Peter Cotton Tail hopping up CKG's trail! Families this event is for you. There will be music, activities, snacks and pictures with the Easter Bunny. ALL ARE WELCOME!
- 4/3/24 - 2-3:30pm Plant Based EatZ - a nutrition and healthy meal prep class offered at Corktown Health (1726 Howard St).
- 4/5/24 - 9a-12p First Fridays @ CKG - Talk with Property Management and Owners on Relocation & Redevelopment
- 4/11/24 - 4:30-6:30pm Woman Empowerment Pt 17 - Shontae Johnson (TCB Office 1842 Michigan Ave.) Speaker series offering motivation, empowerment, and connections to support personal growth.
- 4/17/24 - 1-2pm Seniors of CKG- Seniors are welcome & encourage to continue walking and engaging in physical activities offered by Dnisha/Christina at CKG.
- 4/17/24 - 2-3:30pm Plant Based EatZ - a nutrition and healthy meal prep class offered at Corktown Health (1726 Howard St).

At the start of March, residents in units 1511-1567 and 1577, received a 4 page notice and were asked to sign confirming their receipt. A mandatory meeting will be held at CKG on 3/21 at 10am to explain the notice and the rights each impacted household is entitled to.

REMINDER: No one is required to move at this time.

February Resident Council Meeting Recap!



On Tuesday, February 27th, representatives from 4 Corktown businesses shared information about their offerings, special resident offers, and upcoming hiring opportunities. Sheila Cockrel facilitated a panel discussion with the owners of Brooklyn Street Local (restaurant), Corktown Apothecary (pharmacy), Joyola Mei (eco-luxe natural hair salon), and McShane's (restaurant). Each business shared why they decided to open in Corktown, and encouraged residents to stop in.

During the second half of the meeting Tamesha Rouse, Executive Director of For Our Grieving (FOG), shared her perspective on counseling others to cope with grief and loss. Residents were able to share their experiences and talk through how they have made it through grief and loss in their own lives.

The March CKG Resident Council meeting (3/26 @ 4pm) will provide an overview on Double Up Food Bucks from the Fair Food Network and introduce seniors to programming available through Matrix Human Services. CKG Resident Champions will also have an opportunity to share more about the work they lead focused on health, seniors, and men - and invite you to get involved.

If you have any ideas or want to be involved in the planning process of future tenant council meetings, you can reach out to Pablo at 313-572-1401 or Meg at 313-261-4709.

Family Emergency Plan

- Having a **Smoke Detector** in your home reduces the chances of death by **50%**. Please check the batteries in your smoke detector every **6 months**. Create an escape plan with your family and blow out all candles when you leave the room and before going to bed. **Smoke Detectors** save lives. Let management know if you need batteries or a new smoke detector to keep your family safe.
- **Household cleaning solution** should be kept out of children's reach at all times. **Poison Control: 1-800-222-1222**
- **Pedestrian crossings**: Demonstrate to your child, how to cross the parking lot, looking both ways and making eye contact with the driver before crossing. Remember, it's just like crossing a street.
- **Gun Safety**: Teach your children to NEVER touch a gun and to immediately tell an adult if they see one. **(Keep Guns Locked Away and Out of Children's Reach)**

***Stranger Danger**: Parents, please talk with your children about NOT opening the door to your home. When you're not home, they should not answer unless you tell them to. Explain the danger and consequences that can happen if an intruder gets access.

**These are a few tips to help keep your family safe.
Be careful and stay safe!**

~ From your TCB family

CKG Workforce Specialist Corner



Connect with the Workforce Specialist Tanisha Burton!
Call her at 313.635-4401 or email tanisha.burton.tb@gmail.com to schedule an appointment to learn about employment opportunities, apprenticeship programs, & supportive services designed for you! Be on the lookout for email with employment opportunities.

Build Your Future with AJAX Paving
Looking for:

ALL POSITIONS!

No previous experience is needed in the industry. They will train you! **APPLY TODAY @ 248-244-3300**
AJAXPAVING.COM/MICHIGANJOBS

Let's partner to explore resources to be at your best!



Health Coaching Program

Ready to get healthier? You deserve a health coach to help!
Available to adults 18 years old and up.

Participants receive:

- 3 months of personalized health coaching by trained coaches from the National Kidney Foundation of Michigan
- Option to receive coaching over phone, email, video call or text (no in-person visits required)
- Support tools and vouchers available
- Program and support tools are free to all participants

For Enrollment Referral please contact
The Community Builders (TCB) Staff at 313-484-4709

Extra, Extra, Read All About It!

There exists an assumption that babies don't remember what they learn at a young age, but research has shown the contrary. Early exposure to literacy can indeed bring many benefits to children. TCB has partner with Great Start Wayne to bring awareness to parents and caregivers while equipping them to resources that will support children's brain growth and feelings of safety and security as early as 0-8yr.

On February 16th, **Dnisha Brannon**, Resident Champion and campaign advocate and enthusiast user, was invited to speak on a national campaign, **Talking is Teaching campaign**, an early learning initiative that Clement Kern Gardens (CKG) is now part of (see top image). Dnisha is very proud to share the celebrations that goes on at her community. Because she understands how important it is to have a trusted friend that can support your family and community she wants to make sure you are connected to Great Start, click on the link to learn more <https://www.greatstart.org/talkingisteaching>.

Next time you see a "Talking is Teaching" yard sign at CKG, be reminded of the **BIG** role you play in a child's life, whether you are a parent and or caregiver, you hold the power to **impact them!**

Corktown Health Programs

Healthy Heart Ambassador Program

Starting **March 14, 21, 28, April 4th**
(Transportation Provided)
call Christina 313-484-4709. Incentive upon completion.

Plant Base EatZ

Next classes: March 6th & 20th, and
April 3rd & 17th
(Transportation Provided)
call Christina 313-484-4709.

Resident Resources

Are you going through more food than normal these days?



Food Distribution is held monthly on the last Friday of the month in front of the Management Office from 1- 3pm. Please text the CL Service Coordinators to be added to the list for pick up @ 313.484.4702. You can also sign up to join the next **Cooking Matters: Shopping on a Budget** in **June** you can text or call the Christina @ 313.484.4709.

Next Distribution - March 24th

ODTY: A Journey to Home Ownership

Talk to a Financial Coach call 313-484-4709 or visit <https://tcbinc.org/odty/> or scan on the QR code below.

THE COMMUNITY BUILDERS
Our Door To Yours
At The Community Builders, we are opening a new door to the American Dream of homeownership and generational wealth for apartment renters in Chicago, Detroit and Richmond.
HOMEBUYER SURVEY

Resources

Join SaverLife Get Rewarded for Saving



SaverLife is a non-profit dedicated to helping you save money, preparing you for whatever a rainy day may throw at you. Sign up for free to join in on monthly savings challenges, earn points to enter to win cash prizes, and explore saving and budgeting tips from expert coaches. SaverLife isn't a bank, and you can trust that they won't ever touch your money. Join over 600K SaverLife members who have won over \$4.5 million in cash rewards and accelerated their savings to reach their financial goals!

Sign Up Today

<https://tinyurl.com/yck2766k>

Relocation Support

ACD AMERICAN
COMMUNITY
DEVELOPERS, INC.



CLEMENT KERN GARDENS LET'S TALK ABOUT HOUSING

FIRST FRIDAYS
Please join us the first Friday of every month at the Clement Kern Gardens management office.

A member of the development team will be on site to talk with you.

NO APPOINTMENT NEEDED

We encourage you to stop by the office every first Friday of the month between 9 a.m. and 12 p.m.

 **ASK QUESTIONS ABOUT HOUSING**

 **SHARE CONCERNS WITH THE DEVELOPMENT TEAM**

 **9AM TO 12PM**

CALL OR EMAIL FOR MORE INFO

 **313-881-8150 X129**

 mike@acdmail.com

 www.detroitmi.gov/ChoiceNeighborhoods

Matrix Spring Camp

MARCH 25TH - 28TH
9AM - 3PM
MATRIX HUMAN SERVICES
FREE

Spring Camp



Life Skills



Social Skills



Field Trip

Lunch Provided

THE MATRIX CENTER
13560 E. McNichols Rd. Detroit, MI 48205
Contact: yapservices@matrixhs.org | (313) 938-0187
MatrixHumanServices.org



March to April 15th- CKG Birthday Celebration

Happy Birthday

Birthdays from 4/01 to 4/15

<ul style="list-style-type: none"> Aadyn Clerk Milan Wright Zariyelle Edwards Skylar Davis Sarai Furniss Lauren Thomas Nasir Williams Ja`Niya Greenlee Angel Blockett Jacquetta Bourne James Lee Sharkela Taylor 	<ul style="list-style-type: none"> Robert Tatum Arthurene Eubanks Ella Manuel Yadira Colon Derrell Edwards Abimelec Colon Logan Hrabowski Jada Bonney Tymon Humphrey Jada Bonney Tymon Humphrey 	<ul style="list-style-type: none"> Thelma Tatum Tiffany Butler Jahylin Hodges Chloe-Chanel Cobbs Emmanuel Furniss Armani Lory Kinnith Johnson
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